

**Truro Cycle Club - OPEN 10 Mile Time Trial S6/10**

**Part of the Cornish Cup Series**

**Date: 23rd July 2023**

**First Rider: 08:01am**

This event is being held for and on behalf of Cycling Time Trials under its Rules and Regulations

**Event HQ:** Tresillian Village Hall, Fairfax Road, Tresillian, Cornwall TR2 4AZ

**HQ open from 7am**

**Organising Secretary** - James Manthorp

**Time Keepers** - Chris Fearnley, Ian Matthews

**Marshalls** - Paul Charlesworth, James Manthorp, TBC

**Sign on assistants:** Talitha and Simon

**Photography** by David Rickett

**Course Details:** This event is held on the S6/10 course – Start on B3275 (formerly the A390) at entrance to Trecurno, approximately 100 yards West of layby and 0.5 mile East of Tresillian (GR SW879470). Proceed Northeastwards for approximately 0.5 mile where turn left, still on B3275. Continue northeastwards on B3275 through Ladock and Newmills to turn at Brighton Roundabout. Retrace outward route through Newmills and Ladock. Finish at a point 5 yards before a field gate and 0.25 mile North of, and prior to, the B3275/Probus to Tresillian Road junction. (GR SW 887476) Intermediate distance: - Brighton Cross 5.4 miles



**Sign On** - Please Sign on at the hall from 7am. If you are a junior please bring a signed parental consent form. Please be respectful of local residents when parking and keep noise to a minimum as it is early for some.

**Warming-up** - Please allow ten minutes to ride to the start which is approximately 1.5 miles away. Please do not arrive more than five minutes before your start time. There is a large lay-by approximately 100 meters up the road you can wait in if early.

The course must not be used for warming up once the first rider has set off.

Front and rear lights are a requirement.

Helmets must be worn.

Sleeveless Jerseys or Tri-suits are not permitted.

**Road Bike Category additional regulations** - No tri-bars, club on bars, spinacci bars are allowed. No disc wheels, both front and rear wheels must have at least 12 spokes each. The maximum rim depth allowed is 90mm.

**During the race** - please respect the marshalls if you are told to stop. Please note that Marshalls are not there to stop traffic or give directions. Please shout your number at the finish.

**After the race** - please return to the hall and sign back in, do not warm down on the course.

Our club secretary, George, would like to invite everyone to join and watch the tour de france at the old ale house in the afternoon.



**S6/10 Course Records as of 16.07.23**

**Solo Male**

00:19:46

Steve Lampier

09-May-21 | [Tri-logic (inc SW DC Champs)](https://www.cyclingtimetrials.org.uk/race-results/22346)

**Solo Female**

00:22:45

Melanie Sneddon

05-Aug-18 | [giant helston](https://www.cyclingtimetrials.org.uk/race-results/16771)

**Solo Male (Junior)**

00:21:23

Harry Jukes

09-May-21 | [Tri-logic (inc SW DC Champs)](https://www.cyclingtimetrials.org.uk/race-results/22346)

**Solo Female (Junior)**

00:25:38

Hannah Rainger

30-Aug-20 | [Saint Piran](https://www.cyclingtimetrials.org.uk/race-results/21254)

**Team TT**

00:23:53

Tom Smith, Nigel Polkinghorne

03-Apr-22 | [Penzance Wheelers CC (2-up TTT)(fee per rider)](https://www.cyclingtimetrials.org.uk/race-results/23743)

Startsheet

| Number | Time | Name | Club | Category |
| --- | --- | --- | --- | --- |
| 1 | 8:01:00 | Anthony Green | Penzance Wheelers CC |  |
| 2 | 8:02:00 | William Kinnear | Truro CC |  |
| 3 | 8:03:00 | Aaron Jones | Truro CC |  |
| 4 | 8:04:00 | Melinda Rickett | Truro CC | W |
| 5 | 8:05:00 | Lucy Rickett | Truro CC | W |
| 6 | 8:06:00 | Holly Tregear | Wheal Velocity | W |
| 7 | 8:07:00 | Gary Hickman | Tri Logic Cornwall |  |
| 8 | 8:08:00 | Finian O'Donnell | Truco CC |  |
| 9 | 8:09:00 | Ian Darcy | Saint Piran |  |
| 10 | 8:10:00 | Allister Young | Truro CC |  |
| 11 | 8:11:00 | Lee Chance | Truro CC |  |
| 12 | 8:12:00 | John Trott | Saint Piran |  |
| 13 | 8:13:00 | Owain Barrett | Tri Logic Cornwall |  |
| 14 | 8:14:00 | Sophie Butcher | Tri Logic Cornwall | W |
| 15 | 8:15:00 | Robin Brown | St Austell Wheelers CC |  |
| 16 | 8:16:00 | Neil Bennett | North Devon Velo |  |
| 17 | 8:17:00 | Peter Blackshaw | Penzance Wheelers CC |  |
| 18 | 8:18:00 | Mark King | Tri Logic Cornwall |  |
| 19 | 8:19:00 | Damian Cudmore | Wadebridge Coasters Cycling Club |  |
| 20 | 8:20:00 | Huw Greenish | Truro CC |  |
| 21 | 8:21:00 | John Fazakerly | Penzance Wheelers CC |  |
| 22 | 8:22:00 | Rose Willis | St Austell Wheelers CC | W |
| 23 | 8:23:00 | Martina Geraghty | Penzance Wheelers CC | W |
| 24 | 8:24:00 | Peter Miners | Duchy Velo |  |
| 25 | 8:25:00 | Andrew Ellis | [www.giant-helston.co.uk](http://www.giant-helston.co.uk/) |  |
| 26 | 8:26:00 | Graham Lobb | [www.giant-helston.co.uk](http://www.giant-helston.co.uk/) |  |
| 27 | 8:27:00 | Nathan Jenkin | Tri Logic Cornwall |  |
| 28 | 8:28:00 | Craig Morris | Royal Navy & Royal Marines CA |  |
| 29 | 8:29:00 | Larry Martin | Tri Logic Cornwall |  |
| 30 | 8:30:00 | Aditya Sekharipuram Viswanath | Keele University CC |  |
| 31 | 8:31:00 | Michael Hooper | .05/03 |  |
| 32 | 8:32:00 | John Morse | Penzance Wheelers |  |
| 33 | 8:33:00 | Ian Houvenaghel | Saint Piran |  |
| 34 | 8:34:00 | Sam Beaton | Plymouth Corinthian CC |  |
| 35 | 8:35:00 | Craig Harper | Holsworthy Peloton |  |
| 36 | 8:36:00 | Oliver Baylin | [www.giant-helston.co.uk](http://www.giant-helston.co.uk/) |  |
| 37 | 8:37:00 | James Grogan | [www.giant-helston.co.uk](http://www.giant-helston.co.uk/) |  |
| 38 | 8:38:00 | Felix Whetter | Mid Devon CC |  |
| 39 | 8:39:00 | Nigel Polkinghorne | Duchy Velo |  |